Network Sites

Timetable

November 2026

Funded by UK Government

Solihull Family Hubs

Solihull Metropolitan Borough Council

Wherever you live in Solihull, we're here to support you

Best Start Family Hubs are local centres where children, young people, and families can access support and take part in fun activities! Our friendly staff and service providers work in partnership with you and your community to access the information and support you need. Some services offer drop-in sessions, whilst others require booked appointments. The Hubs are a safe space for you and your loved ones.

Outreach	Monday	Tuesday	Wednesday	Thursday	Friday
Monkspath Infants and Junior School, Farmhouse Way, B90 4EH ordinary Magic	**EPAS school attendance support – 13:00-15:00** Term time only No booking required. **Baby massage – 09:30-10:45** Term time only Supports wellbeing and bonding. £5 per session. Book here. **Baby craft – 11:00-12:15** Term time only Create memories, bond with your baby, and meet other parents. For ages 0-12 months. £5 per session. Book here.	**Health Visitor clinic – 09:00-17:00** Term time only Booked appointments for parents and their children with the Health Visiting Team. Book by speaking to your Health Visitor.	**Little Steps to Independence by Ordinary Magic – 10:00-11:15** Term time only To support parents with little ones age 2-4 years ready to start school and how to help make their first year a success. £5 per session. Book here.	**Health Visitor clinic – 09:00-17:00** Term time only Booked appointments for parents and their children with the Health Visiting Team. Book by speaking to your Health Visitor.	**Little Moments by Ordinary Magic – 10:00-11:15** Term time only Sensory play, music, baby signing, yoga and support for little ones age 0-2 years. £5 per session. Book here.
Shirley Heath Junior School, Coombe Road, B90 3DS	**Health visitor clinic – 09:00-13:00** Term time only Booked appointments for parents and their children with the Health Visiting Team. Book by speaking to your Health Visitor.	**Ordinary Magic – 16:00-18:00** Term time only A friendly group for girls with Autism. For more info, email jackie@ordinarymagic.co.uk	**Mama's and Mini's exercise – 09:30-11:30** Term time only Bring your little ones with you to join in with some gentle postnatal exercise classes for all levels of fitness. Two hourly slots. £3 per session. To book, call 0738 031 4463	**Family Support solution-focussed sessions – 13:00-15:00** Term time only Confidential advice, support, and guidance on parent and family topics. To book, call the Family Helpline on 0121 788 4327 **Family support drop-in – 15:00-16:00 NEW** Term time only Confidential advice and support to help you make positive changes, such as difficult relationships at home, parenting, behaviour, routines, boundaries, child development, bed wetting, sleep problems, school issues, and more.	
Meriden CofE Primary School, Fillongley Road, CV7 7LW			**Health Visitor clinic – 13:30-17:00** Term time only Booked appointments for parents and their children with the Health Visiting Team. Book by speaking to your Health Visitor.		**Family Support solution-focussed sessions – 13:00-15:00** Term time only Confidential advice, support, and guidance on parent and family topics. To book, call the Family Helpline on 0121 788 4327
Dorridge Primary School, Station Road, B93 8EU			**Little Voices – 09:00-11:30 NEW** **18 November** Learn simple and fun ways to support your baby's communication skills and development. Suitable for ages 18-24 months and their parents or carers. No booking required.	**Mama's and Mini's exercise – 09:30-11:30** **NEW Starting 12 November,** term time only Bring your little ones with you to join in with some gentle postnatal exercise classes for all levels of fitness. Two hourly slots. £3 per session. To book, call 0738 031 4463	